



# 2011

## BODA SAILING INSTRUCTIONS

Amended 1<sup>st</sup> November 2011

Bermuda Optimist Dinghy Association  
Sailor Development Committee  
1/11/2011

# Bermuda Optimist Dinghy Association

## BODA SAILING INSTRUCTIONS 2011

*The Bermuda Optimist Dinghy Association (BODA); the Bermuda Sailing Association (BSA); the Host Club; the Royal Bermuda Yacht Club (RBYC); the Royal Hamilton Amateur Dinghy Club (RHADC); Sandy's Boat Club (SBC); their Officers, Members; Employees; and Volunteers, bear no responsibility for accidents, damage or injuries to boats or their crew however so caused during or related to this regatta or any other Optimist related event in Bermuda. Attention is drawn to ISAF RRS 4 (Decision to Race).*

**These BODA Sailing Instructions (SIs) are published to give information that is common to all Optimist events in Bermuda. Supplementary Sailing Instructions containing only matters concerning the particular event are published for each event. They may be used for other events by referring to them in the Notice of Race.**

### **1. RULES AND ADVERTISING**

#### 1.1

Racing will be governed by the rules as defined in the Racing Rules of Sailing (RRS), the Prescriptions and Code of Conduct of BODA; the Class Rules of the International Optimist Dinghy Association (IODA); except as amended hereon and/or as amended during the course of the Series by the Organising Authority BODA. If there is conflict between the notice of race and the sailing instructions, the sailing instructions for the event will prevail.

#### 1.2

International Optimist Class rule 2.8 prohibits advertising.

#### 1.3

The Race Committee may require advertising space for event sponsors in accordance with RRS 80 and ISAF Regulation 20.

### **2. ENTRIES / ELIGIBILITY**

The age of a competitor at the end of the year in which the event occurs shall not exceed 15 years. All competitors shall be Members of BODA, or their respective Country of Residence's Optimist Class Association wherein they shall have completed the BODA Registration / Liability Waiver Form in order to compete.

By coming to the race area or the area where the boats launch for racing, competitors and their parents or guardians confirm they are entirely responsible throughout the event for themselves and their boats on land and at sea and nothing done or not done by the organisers will relieve participants of their responsibilities for any harm to a competitor or boat however caused and by launching, it is implied that the boat is suitable and its helm is competent for any likely conditions.

In this instruction "organisers" include the Organising Authority, the Race Committee (RC), and the race management team, patrol craft crews and anyone helping to run the event.

All boats intending to race shall comply with ISAF's 2011 International Optimist Class Rules.

### **3. NOTICES TO COMPETITORS**

#### 3.1

Notices to competitors will be posted on the official notice board (the BODA Website [www.boda.bm](http://www.boda.bm)) and may also be advised on the BODA Hotline (291-3831) and may be posted on the notice board of the Host Club.

#### 3.2

The Supplementary Sailing Instructions will specify the host club and the location of the official notice board for protests etc.

### **4. CHANGES IN SAILING INSTRUCTIONS**

Unless specified in the Supplementary Sailing Instructions, any change to the Sailing Instructions will be posted on the official notice board (the BODA Website [www.boda.bm](http://www.boda.bm)) not later than 1900 hours on the day before it will take effect. Changes may also be advised on the BODA Hotline and may be posted on the notice board of the host club.

# Bermuda Optimist Dinghy Association

## 5. SIGNALS MADE ASHORE

5.1

Signals made ashore will be displayed at the place specified in the Supplementary Sailing Instructions.

5.2

Flag AP displayed with two sounds means "The race is postponed. Launching will start approximately 10 minutes after AP is lowered." This changes race signal AP.

5.3

Boats may only launch with the permission of the RC, their Coach or a responsible parent.

## 6. SAFETY

6.1

Boats may not go afloat at any time on a BODA day without the permission of the RC, a responsible parent or their Coach.

6.2

Competitors shall wear a personal flotation device at all times when afloat except briefly while changing or adjusting clothing or personal equipment. A whistle shall be carried securely attached to the personal buoyancy device. Flag Y will not be displayed. This changes RRS 40.

6.3

All boats that have a removable device to attach the boom strop to the mainsheet shall use a device that has a positive means of locking.

6.4

All boats shall carry a paddle adequately secured.

6.5

All boats shall carry one or more bailers adequately secured to the hull. One bailer shall have at least 1 litre capacity.

6.6

A boat shall carry at all times a painter of a single piece of buoyant rope, not less than 5mm diameter and not less than 8m long, securely fastened to the mast thwart or mast step

6.7

The Race Committee may stop a boat launching, or require it to return ashore, if he or she considers the boat, its equipment, helm or crew are not adequate for the likely conditions, or for any other reason. The decision is final and will not be grounds for redress.

6.8

Competitors in difficulty shall obey any instruction given by a patrol boat crew.

6.9

Competitors shall not leave the race area before the end of racing unless their parents or coaches have made specific arrangements for their safe return to shore and have informed the Race Committee (RC) of these arrangements. The RC will protest competitors for a breach of this Sailing Instruction.

6.10

RC Safety Checks

The RC reserves the right to make random safety checks. In the event of failure of a safety check, the RC shall notify the Protest Committee, this will result in a penalty at the PC's discretion without the ability of a hearing. This amends RRS A5.

## 7. DIVISION OF FLEET INTO GROUPS

7.1 Allocation to Groups

Unless otherwise prescribed in the Supplementary Sailing Instructions, BODA will allocate each boat to a Fleet; Gold, Silver, Green or as posted on the BODA Website.

7.2 Group Starts

There may be combined or separate starts in each race for each Fleet and may sail on the same or separate race area. The Race Committee may set different race courses for each Fleet.

Any changes to the days schedule may be posted on the official notice board and the BODA Hotline.

## 8. SCHEDULE OF RACES - See Supplementary Sailing Instructions

# Bermuda Optimist Dinghy Association

## 9. CLASS SIGNALS

Unless otherwise prescribed in the Supplementary Sailing Instructions, the Class flag and warning signal will usually be White with the Optimist Class insignia. However when the fleet is divided into groups, the Class flag and warning signals will be:

Gold Fleet = Gold / Yellow flag

Silver Fleet = Silver / Grey flag

Green Fleet = Green flag

All flags may carry the Optimist Class Insignia.

## 10. RACE AREA

See Supplementary Sailing Instructions.

The Race Area will be selected from within the waters of Bermuda and may include The Great Sound, The Little Sound, Granaway Deep, Mangrove Bay, North Shore and Hamilton Harbour. During the hour prior to the 1<sup>st</sup> warning signal of the day, the Race Committee will announce on VHF Channel 73 the Race Area for the day, which will indicate where they will be stationed for the 1<sup>st</sup> start. Sailors/Coaches are recommended to establish from the RC where the racing will take place.

Optimist Gold, Silver and Green Fleet sailors may sail on separate or the same Race Area.

Any changes to the day's schedule may be recorded on the BODA Hotline and the BODA website or announced at a briefing by the RC.

## 11. TRANSITIONING TO/FROM THE RACE AREA

Competitors are asked to leave their Club dock at least 45 minutes in advance of the first Warning Signal and be supervised by a safety boat.

See also SI 6.9 above.

## 12. THE COURSE

12.1

The course to be sailed will be as shown in the Supplementary Sailing Instructions and may be selected from those shown in EI **Appendix 1**.

BODA EI Race Courses are:-

Course "**T**" – The Trapezoid

Course "**TW**" - The IODA World's Trapezoid

Course "**W**" – The Windward / Leeward Course

Course "**M**" – The Windward / Leeward Course, but with the start and finish line stationed in between the leeward mark and the windward mark. On each upwind leg, the start/finish line is a mark of the course.

Course "**O**" – The Olympic Triangle / Sausage

The diagrams indicate the legs required to complete each course. They do not indicate the length or the angle between each leg.

12.2

A leeward gate may be used, see Supplementary Sailing Instructions, signaled by "**G**". The gate may be replaced by a single mark to be left to port.

12.3

Additional laps of certain legs of the course may also be signaled as per Appendix 1.

12.4

When "**K**" is displayed before the Start, the more Junior Fleet (only) will sail to a windward mark that is a shorter distance than the further windward mark that the more senior fleet is sailing to. In 2 lap races, the RC may **Flag "K"** after lap 1 to signify a shorter leg for the 2<sup>nd</sup> lap, in this instance sound signals will be made and the Junior Fleet's Class Flag will flown together with **Flag "K"**.

The Gold Fleet is more senior than the Silver Fleet, the Silver Fleet is more senior than the Green Fleet. Verbal communication regarding "K" to the more junior fleet by the RC, Coaches and supporters will be encouraged when "K" is displayed.

12.5

When "**D**" is displayed, the sailors should sail from the final windward mark, to the finish downwind, a previous leeward mark will not be a mark of the course on the final leg to the finish.

## Bermuda Optimist Dinghy Association

12.6

Course Numbers and Letters may be displayed by the RC on a board or by International Code Flags.

12.7

The approximate magnetic bearing of Mark 1 from the committee boat may be displayed on the committee boat before the warning signal.

12.8

In the event of uncertainty as to which marks are to be used on a race day, competitors should approach the Committee Boat for clarification.

### 13. DESCRIPTION OF MARKS

Unless defined in the Supplementary Sailing Instructions, marks will normally be yellow, orange or red.

Turning marks will normally be yellow, though a change of course new mark may be red.

The starting and finishing mark will most likely be orange. Competitors should note the RC will sometimes be using a different set of marks. In the event of uncertainty as to which marks are to be used on a race day, competitors/coaches should approach the RC for clarification.

### 14. THE START

14.1

When Code Flag "R" is displayed on the Race Committee Signal Boat races shall be started by using the SOUND-SIGNAL STARTING SYSTEM as defined in BSA Prescriptions - APPENDIX Q; otherwise Races shall be started by using RRS 26. Races will be started as follows. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

<u>Time</u>	<u>Title</u>	<u>Signal</u>	<u>Number of sound signals</u>
-5	Warning	Class flag(s)	1
-4	Preparatory	Flag "P"	1
-1		Preparatory removed	1 long
0	Start	Class flags removed	1

In the event that there will be more than one start in a sequence, starts will be at 5-minute intervals unless stated otherwise.

14.2

A boat not racing and who's Warning Signal has not been made, shall keep clear of the starting area and of boats racing.

14.3

The starting line shall be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and the course side of the port-end starting mark.

14.4

A boat starting later than 5 minutes after its starting signal will be scored Did Not Start. This changes RRS A4 and A5.

14.5

Before the warning signal of her first race of the day, each registered boat shall sail on starboard tack past the stern of the Race Committee Signal Boat and hail her sail number until acknowledged by the Race Committee.

14.6

When a race started under RRS 30.3, the Black flag Rule, is recalled, the sail numbers of disqualified boats will be displayed on the race committee boat with a long sound signal, for at least three minutes. When the race is restarted, a disqualified boat shall not sail within 100 metres of the starting line before the starting signal, nor after the starting signal within an imaginary line drawn 100 metres outside any area where a boat might sail whilst racing. The penalty for breaking this sailing instruction is that the disqualification is not excludable (DNE).

### 15. CHANGE OF COURSE AFTER THE START

A change of course after the start will be signaled before the leading boat has begun the leg, although the new mark may not then be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration. When in a subsequent change of course a new mark is replaced it may be replaced with an original mark.

# Bermuda Optimist Dinghy Association

## 16. THE FINISH

### 16.1

The finishing line shall be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and the course side of the port-end starting mark.

### 16.2

After finishing and clearing the finishing line boats shall avoid the finishing area and all boats not yet finished.

## 17. TIME LIMIT

### 17.1

The time limit for the first boat in each start shall be 1 hour. Boats failing to finish within the time limit yet sailing on the last leg of the course, shall be scored Time Limit Expired and shall be awarded 2 points more than the last boat to finish within the time limit, all other boats will be scored Did Not Finish without a hearing. This changes RRS A4.1, A4.2 and A5.

## 18. PROTESTS

### 18.1

Protest forms are available at the Host Club or the BODA website. Protests shall be delivered to the Race Committee of the day or a representative of the protest committee at the Host Club, within the protest time limit.

### 18.2

The Protest Time Limit is 60 minutes after the docking of the Race Committee Signal Boat. The same protest time limit applies to all protests by the Race Committee and to requests for redress. The Protest Committee may extend the protest time at their discretion. This changes RRS 61.3 and 62.2.

### 18.3

Hearing notices will be posted on the official notice board at the Host Club. This may be as soon as 5 minutes after the protest time limit to inform parties to a hearing, of the time and place of the hearing. Hearings may commence at any time if parties are present and prepared; otherwise hearings may be scheduled as early as 10 minutes after the protest time limit. The posting of hearing notices shall be considered notice as required by RRS 61 and 63.2.

### 18.4

RRS 44.2 is modified to allow a boat to take a 20% Scoring Penalty for a breach of a rule of RRS Part 2 after the incident, but no later than 10 minutes after the expiry of the Protest Time Limit.

## 19. VHF Communication

VHF **Channel 73** may be used by the RC to communicate with competitors and the Coaches unless defined otherwise in the Supplementary Sailing Instructions.

## 20. SCORING SYSTEM

20.1 The Low-Points scoring system of RRS Appendix A will apply except that:

20.2 The number of races scheduled the number to constitute a series and the number to be discarded will be specified in the Notice of Race and the Supplementary Sailing Instructions.

20.3 Ties on total points shall be broken in accordance with RRS A8 only for the purpose of awarding trophies and prizes.

## 21. SUPPORT BOATS

Team leaders, coaches and other support personnel including relatives of competitors shall not be in the racing area from the time of the preparatory signal until all boats have finished or the RC signals a postponement, general recall or abandonment. Coaches and other support personnel are required to monitor VHF **Channel 73** and render assistance whenever requested to do so by the Race Committee. The RC will protest the competitors associated with support boats in breach of this Sailing Instruction.

BODA racing is intended to be a fun racing & training but in a competitive environment. Coaching is not permitted on the water during the races for Gold Fleet, nor is it allowed on an IODA Championship Qualifier Day. The Silver fleet will be allowed on occasion to receive instruction by the coaches, this will

## **Bermuda Optimist Dinghy Association**

only occur when they have a race on their own course separate to any other Fleets. Coaches are requested to assist the tail-enders only. Tactical instruction is not allowed. If the Green Fleet join a day's racing they may receive coaching at all times, however coaches are requested to focus on the tail-enders.

### **22. RULE 42 PENALTIES**

RRS Appendix P, Special Procedures for Rule 42, will apply and is changed to,  
P1 Signaling a Penalty

A member of the RC or the protest committee or its designated observer who sees a boat breaking rule 42 may penalise her by, as soon as reasonably possible, making a sound signal, pointing a yellow flag at her and hailing her sail number, even if she is no longer racing. A boat so penalised shall not be penalised a second time under rule 42 for the same incident.

P2 Penalties

P2.1 First Penalty

When a boat is first penalised under rule P1 her penalty shall be a Two-Turns Penalty under RRS 44.2. If she fails to take it she shall be disqualified without a hearing.

P2.2 Second and Subsequent Penalties

When a boat is penalised a second or subsequent time during the regatta her penalty shall be a Two-Turns Penalty under RRS 44.2. If she fails to take it she shall be disqualified without a hearing and her score shall not be excluded.

P3 Postponement, general recall or abandonment

If a boat has been penalised under rule P1 and the race committee signals a postponement, general recall or abandonment, the penalty is cancelled.

### **23. INSURANCE**

Each participating boat is strongly recommended to be insured with valid third-party liability insurance valid for the skipper.

### **24. DISCLAIMER OF LIABILITY.**

Competitors participate in this Series at their own risk. Attention is drawn to ISAF RRS 4, Decision to Race.

The BSA, RBYC, RHADC, SBC, BODA, their officers, assistants and employees will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during or after the Series.

# Bermuda Optimist Dinghy Association

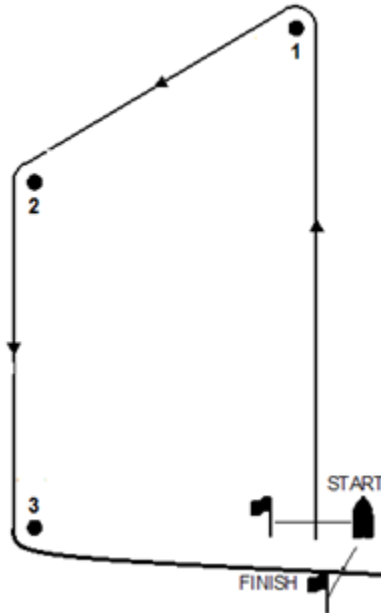
## APPENDIX 1: COURSES

### Course "T" - Trapezoid Course

"2" signifies 2 laps of mark 2 and mark 3, (an extra beat and an extra run)

"G" signifies Mark 3 will be a Gate.

"T2" will be Start-1-2-3-2-3-Finish

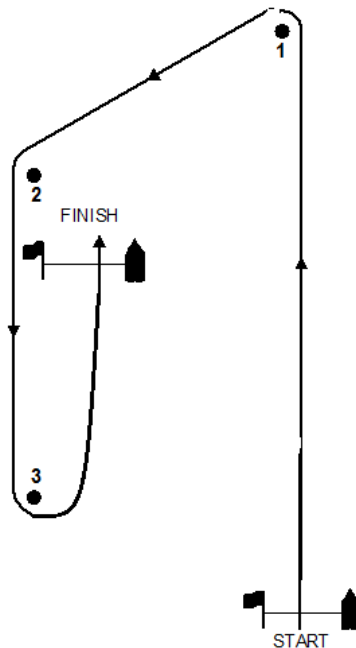


### Course "TW" - IODA WORLD'S COURSE

"2" signifies 2 laps of mark 2 and mark 3, (an extra beat and an extra run)

"G" signifies Mark 3 will be a Gate.

"TW2" will be Start-1-2-3-2-3-Finish



# Bermuda Optimist Dinghy Association

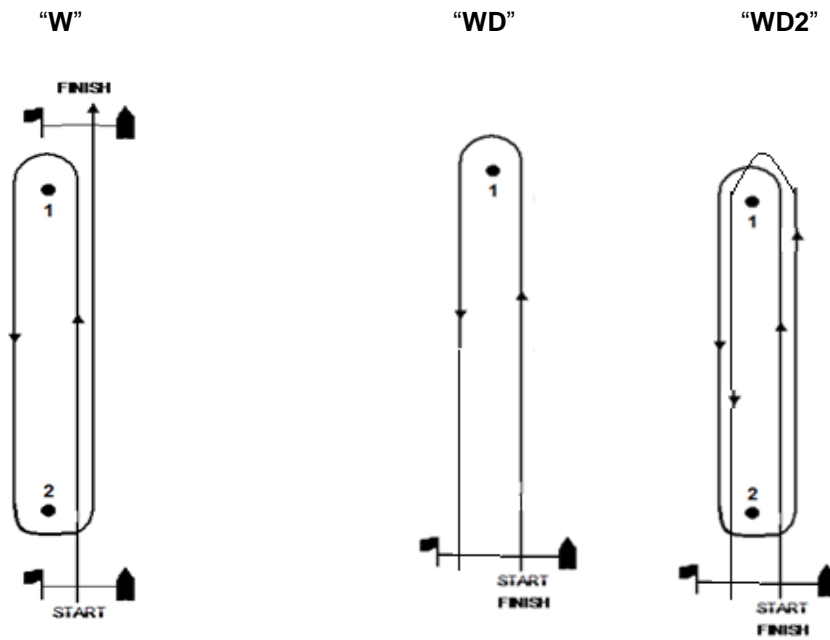
## COURSE "W" - Windward / Leeward Courses

"2" signifies 2 laps.

"G" signifies Mark 2 will be a Gate.

"D" signifies a downwind finish (2 will not be a mark of the course for the final Leg from 1 to the Finish).

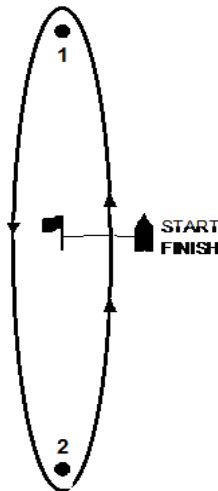
"WD" will be Start-1-Finish "WD2" will be Start-1-2-1-Finish "WGD2" will be Start-1-Gate-1-Finish



## COURSE "M" - Windward / Leeward Courses with same Start & Finish Line

"2" signifies 2 laps. Boats must sail through the finish line on the upwind legs.

"G" signifies Mark 2 will be a Gate.



## Bermuda Optimist Dinghy Association

### Course "O" - Olympic Triangle / Sausage

"D" signifies a downwind finish (3 will not be a mark of the course for the final Leg from 1 to the Finish).

"OD" will be Start-1-2-3-1-Finish

