



THE COMBINED CLUBS

STANDARD INSTRUCTIONS – ONE DESIGN

The Combined Clubs Committee; the Host Club; the Organising Authority; the Bermuda Class Associations; the Event Organisers; the Sponsors; their Officers, Members; Employees; and Volunteers, bear no responsibility for accidents, damage or injuries to boats or their crew however so caused during or related to these regattas. Attention is drawn to ISAF RRS 4 (Decision to Race).

RULE

G1. PREAMBLE

G1.1 This “Standard Instructions” document is to be read with, and form part of, the individual Notices of Race. Regattas may vary these instructions by reference in the Notice of Race, or by Amendments in accordance with SI 3.

This “Standard Instructions” document provides the complete Sailing Instructions, unless modified by, or otherwise indicated in the individual Notice of Race.

G2. MEDIA RIGHTS

G2.1 Competitors give absolute right and permission to the Organising Authority; the Host Club; the Bermuda Class Association(s); The Bermuda Sailing Association; and the event sponsors to use, publish, broadcast or otherwise distribute for promotional, advertising or any other purpose, any images and sound recorded during the event of persons and boats free of any charge.

SI

1. RULES

1.1 The regattas shall be governed by “rules” as defined in [The Racing Rules of Sailing 2009-2012 \(RRS\)](#).

1.2 The Prescriptions of the National Authority, Bermuda Sailing Association, shall apply.

1.3 The Sailing Instructions shall include Rules stated in the Notice of Race for the regatta or series.

1.4 If there is a conflict between any rule in the RRS, the NOR, and the Sailing Instructions, the Sailing Instructions and any amendments will govern. This changes [RRS 63.7](#).

2. NOTICES TO COMPETITORS

2.1 Notices to competitors shall be posted on the Official Notice Board located at the Host Club.

3. CHANGES TO SAILING INSTRUCTIONS

3.1 Any change to the sailing instructions will be posted before 1700 on the day before it will take effect, except that any change to the schedule of races will be posted at least 48 hours before it will take effect.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore shall be displayed on the Official Flagstaff at the Host Club.

4.2 When Code Flag “AP” is displayed ashore this means “Racing is postponed, do not leave the dock”. The first scheduled warning signal shall be made not less than 90 minutes after Code Flag “AP” is lowered.

4.3 When flag Y is displayed ashore, [RRS 40](#) applies at all times while afloat. This changes the [Part 4 Preamble](#).

5. SCHEDULE OF RACES

5.1 The regatta schedule shall be as indicated in the Notice of Race unless amended in accordance with SI 2.

6. CLASS FLAGS

6.1 Class insignia and flags will be:

Class	Insignia	Flag	Class	Insignia	Flag
J/105		Red Flag with white class insignia	J/24		Blue Flag with white class insignia
Etchells		Yellow Flag with black class insignia	IOD		Green Flag with white class insignia

7. RACING AREAS

7.1 The racing area will be the waters of The Great Sound unless competitors are otherwise advised on VHF 73 by the Race Committee no later than 60 minutes prior to the first warning signal,

8. THE COURSES

8.1 The diagrams in “Appendix 1 – Course Card” show the courses, including the course number, approximate angles between legs, order in which marks are to be passed, and side on which each mark is to be left.

8.2 No later than the warning signal, the Race Committee Signal Boat shall display the course number, and the approximate compass bearing from the starting line to Mark 1. The following letters may be used with the course number: “G” indicates the use of a gate at the leeward mark; “O” indicates the use of a windward offset mark; “W” indicates the course is modified by adding a rounding of Mark L, L-P, or L-S prior to the finish which shall be set to weather of the windward mark.

8.3 When flag 3rd Substitute is displayed with the warning signal for a class, that class shall sail a longer windward leg to mark WA.

8.4 When Code Flag “F” is displayed with the warning signal for a class, the finish shall be modified for that class, as provided in SI 13.2.

8.5 When Code Flag “D” is displayed with the warning signal for a class:

1. After completing the first leg of the course, a boat shall not cross the starting line.
2. A boat shall not cross the finishing line until she is completing the last leg of the course and finishes.
3. A boat that breaks this rule shall not correct her error; however, she will be exonerated if she takes a One-Turn Penalty (see SI 18). This changes [RRS 28.1](#).
4. On a leg of the course from W to L or from L to W, boats may leave the start and finish lines either to port or to starboard.

9. MARKS

9.1 New marks, as provided in SI 12 shall be red inflatable tetrahedral buoys (ITB).

The starting and finishing mark shall be orange ITB. Mark “WA” shall be yellow ITB with black band. Offset mark shall be a yellow inflatable cylinder buoy (ICB). Marks “W”, “R”, “L”, “L-P”, “L-S” shall be a yellow ITB.

9.2 A race committee boat signalling a change of a leg of the course is a mark as provided in SI 12.2.

10. AREAS THAT ARE OBSTRUCTIONS

11. THE START

11.1 Races shall be started by using [RRS 26](#).

11.2 The starting line shall be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and the course side of the port-end starting mark.



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- 11.3 A boat starting later than 5 minutes after her starting signal shall be scored Did Not Start. This changes RRS A4.1.
- 11.4 A boat not racing and whose Warning Signal has not been made, shall keep clear of the starting area and of boats racing.
- 11.5 For races requiring a minimum number of boats to enter, when less than the minimum number of boats come to the start area, the race for that class shall be cancelled without the display of any signals.
- 11.6 As a courtesy to competitors, the anticipated starting order shall be indicated on the course board in descending order.
- 11.7 When Code Flag “U” is displayed with the warning signal for the IOD Class, it shall mean that spinnakers shall not be hoisted for that class during that race.
When Code Flag “U” is displayed with the warning signal for the J/24 Class, it shall mean that genoas (150%) shall not be hoisted for that class during that race.
- 11.8 The Race Committee may attempt to notify any boat that breaks RRS 29.1 by broadcasting their sail number on VHF channel 73. The following shall not be cause for redress: failure of a boat to receive the recall broadcast; a boat’s position in the sequence of broadcast numbers; or failure of the Race Committee to hail a boat’s number. This changes RRS 62.1(a).
- 11.9 Before the warning signal of her first race of the day, each registered boat shall sail on starboard tack past the stern of the Race Committee Signal Boat and hail her sail number until acknowledged by the Race Committee.
- 11.10 The Race Committee may deploy astern a ‘Keep Off’ buoy that shall be considered an integral part of the Race Committee Signal Boat.
- 12. CHANGE OF THE NEXT LEG OF THE COURSE**
- 12.1 RRS 33 is changed from:
“The race committee may change a leg of the course that begins at a rounding mark or at a gate by changing the position of the next mark (or the finishing line) and signalling all boats before they begin the leg. The next mark need not be in position at that time.”
To:
“The race committee may change a leg of the course by changing the position of the next mark (or the finishing line) and signalling all boats before they begin the leg. The next mark need not be in position at that time”.
- 12.2 Except at a gate, boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes RRS 28.1.
- 12.3 When there is a change of course prior to a starting sequence, the Race Committee Signal Boat shall signal the change with the warning signal of the class starting in accordance with SI 12.1 but without repetitive sound signals.
- 12.4 When a change of course is signalled with Code Flag “F”, the finish shall be modified as provided in SI 13.2.
- 13. THE FINISH**
- 13.1 The finishing line shall be between a staff displaying an orange flag on the Race Committee Signal Boat and the course side of the finishing mark.
- 13.2 Alternate finish line (when signalled by Code Flag “F” – SI 8.4 or SI 12.4) shall be between a staff displaying a blue flag on the Race Committee Signal Boat’s starboard side, and the course side of the finishing mark on the Race Committee Signal Boat’s starboard side.
- 13.3 When the course is shortened at a gate, a Race Committee boat near the gate shall display Code Flag “S” and boats shall finish by sailing through the gate from the direction of the previous mark. The finish line shall be between the gate marks. This changes Race Signal S.
- 14. PENALTY SYSTEM**
- 14.1 RRS 44.1 is changed so that a Two-Turns Penalty is replaced by a One-Turn Penalty.
- 14.2 RRS 44.1 is modified to allow a boat to take an Arbitration Penalty for a breach of a rule of Part 2 after the incident but prior to the protest hearing by acknowledging the breach before arbitration or by accepting the opinion of the arbitrator. This Arbitration Penalty shall be 20% of the number of boats entered (rounding 0.5 upward), but shall not be less than two places, added to her finish position. However she shall not be scored worse than “Did not finish”.
- 15. TIME LIMITS AND TARGET TIMES**
- | Class | Time Limit | Mark 1 Time Limit | Target Time | Protest Time Limit |
|----------|------------|-------------------|-------------|-----------------------------------------------------------------|
| Etchells | 60 mins | 15 mins | 45 mins | 60 minutes after the docking of the Race Committee Signal Boat. |
| IOD | 60 mins | 15 mins | 45 mins | 60 minutes after the docking of the Race Committee Signal Boat. |
| J/24 | 60 mins | 15 mins | 45 mins | 60 minutes after the docking of the Race Committee Signal Boat. |
| J/105 | 60 mins | 15 mins | 45 mins | 60 minutes after the docking of the Race Committee Signal Boat. |
- If no boat has passed the first windward mark (Mark 1) within the Mark 1 Time Limit, the race will be abandoned. Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).
- 15.2 Boats failing to finish within 10 minutes after the first boat in her class finishes shall be scored Time Limit Expired (TLE). This changes RRS 35 and A4.1.
- 15.3 All times shall be taken from GPS.
- 16. PROTESTS AND REQUESTS FOR REDRESS**
- 16.1 A boat intending to protest or request redress for an incident that occurred whilst racing shall notify the Race Committee as soon as possible after retiring or finishing. This amends RRS 61.
- 16.2 Protest forms are available at the Host Club. Protests shall be delivered to a representative of the Protest Committee at the Host Club, within the protest time limit.
- 16.3 The Protest Time Limit is 60 minutes after the docking of the Race Committee Signal Boat. The same protest time limit applies to all protests by the Race Committee and to requests for redress. The Protest Committee may extend the protest time at their discretion. Failure of the Race Committee to post Preliminary Results as required in SI 17.3, shall extend the Protest Time limit to 48 hours following their posting. This changes RRS 61.3 and 62.2.
- 16.4 Hearing notices will be posted on the official notice board at the Host Club, within 5 minutes after the protest time limit to inform parties to a hearing, of the time and place of the hearing. Hearings may commence at any time if parties are present and prepared; otherwise hearings may be scheduled as early as 10 minutes after the protest time limit. The posting of hearing notices shall be considered notice as required by RRS 61 and 63.2.
- 16.5 For protests involving an alleged breach of a rule of Part 2, a short arbitration hearing of not more than 10 minutes will be held prior to a protest hearing. This changes Part 5, Section B of the RRS.



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1. After a written protest is delivered to the Protest Desk, one representative from each boat will meet with the arbitrator unless the protestor requests that the protest be withdrawn. No witnesses will be allowed. Protests not resolved by arbitration will be forwarded to the Jury.
2. A boat that accepts the arbitrator's opinion that she broke a rule of Part 2 shall receive a penalty score of 20% as detailed in SI 14.2.
3. The acceptance of an Arbitration Penalty cannot be grounds for redress or be appealed.
4. The arbitrator will not be a member of the Jury that hears the protest but will be permitted to observe the testimony given to the Jury and offer testimony. This changes RRS 63.3(a).

16.6 Breaches of SI 18 shall not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

17. SCORING

17.1 Scoring shall be as defined in the Notice of Race.

17.2 Boats identified "Time Limit Expired" shall be scored points equal to the number of boats finishing within the time limit plus two points. This changes RRS A4.1, A4.2 and A5.

17.3 Preliminary Results shall be posted on the official notice board at the Host Club within the Protest Time Limit.

18. SAFETY REGULATIONS

18.1 A boat that retires from a race shall notify the race committee as soon as possible. Use of VHF 73 is permitted for this. For races outside the reef, it is permitted to contact Bermuda Maritime Radio (ZBM) to relay a message to the Race Committee.

18.2 Boats shall comply with the International COLREGS when in proximity to commercial or privileged marine traffic, which shall include ferry traffic within Hamilton Harbour. Boats that obstruct the safe passage of commercial traffic are subject to protest under [The Racing Rules of Sailing](#). A violation under this instruction shall be considered a violation of [The Racing Rule of Sailing, Rule 2](#). The Race Committee or Protest Committee, upon the report of information or observation of an incident shall protest a yacht. This changes, and is in addition to the requirements of RRS 60.2 (a) and the preamble to RRS Part 2.

19. REPLACEMENT OF CREW OR EQUIPMENT

19.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee.

19.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

19.3 Unless approved by the Race Committee (RC) no boat shall race with any sail numbered differently from that under which the boat is entered. Requests for substitution shall be made to the RC at the first reasonable opportunity but prior to the first warning signal. Failure to notify the RC shall result in being scored DNC.

20. EQUIPMENT AND MEASUREMENT CHECKS

20.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

21. ADVERTISING

21.1 Advertising shall be as per individual class rules.

22. OFFICIAL BOATS

22.1 Official boats shall display a Race Committee flag

23. SUPPORT BOATS

23.1 Coaches and other support personnel, including spectators, shall not be in the racing area from the time of the competitors warning signal until the race has finished or the Race Committee signals a postponement, general recall or abandonment, unless specifically authorised by the Race Committee as a matter of safety. The penalty for failing to comply with this requirement shall be disqualification of all competitors associated with the infringing coach or support personnel.

23.3 All coach and support boats shall respond immediately to the instructions of the race officials and safety boats

24. TRASH DISPOSAL

24.1 Boats shall not put trash in the water.

25. HAUL-OUT RESTRICTIONS

25.1 Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

26. DIVING EQUIPMENT AND PLASTIC POOLS

26.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.

27. RADIO/TELEPHONE COMMUNICATIONS

27.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

27.2 The Race Committee shall use VHF channel 73 which shall be made available to all boats to monitor. The Race Committee shall endeavour to use this channel to advise of racing being postponed or abandoned.

28. PRIZES

28.1 Prizes shall be awarded as described in the Notice Of Race.

29. DISCLAIMER OF LIABILITY

29.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, [Decision to Race](#). The organizing authority shall not accept any liability for material damage or personal injury or death sustained in conjunction with, or prior to, during, or after the regatta.

30. INSURANCE

30.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$500,000, per event or the equivalent, valid for all skippers.



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Appendix 1 – Course Card

COURSE 1
Start-W-Finish

COURSE 2
Start-W-L-W-Finish

COURSE 3
Start-W-L-W-L-W-Finish

COURSE 4
Start-W-R-L-W-Finish

COURSE 5
Start-W-L-Finish

COURSE 6
Start-W-L-W-L-Finish

COURSE 7
Start-W-L-W-L-W-L-Finish

COURSE 8
Start-W-R-L-W-L-Finish

SI 8.2 - "O"

SI 13.2

SI 8.2 - "G"

SI 8.2 - "W"

SI 8.3



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Appendix 2 – Schedule (One-Design)

Sat	Host	J/105	Etchells	J/24	IOD
03-Mar	RBYC	Indian HB*	Madras*		
10-Mar					
17-Mar	RHADC	Winter	Winter		Winter
24-Mar					
31-Mar	RBYC	Lloyd P*	Princess Louise*	special	KNS Tankard*
07-Apr					
14-Apr	RBYC	Seawitch*	CFW Cooper*	special	Larchmont*
21-Apr	BIRW				
28-Apr					
05-May	RHADC	Spring	Spring	Spring	Spring
12-May	BYRA	PHRF Nationals	PHRF Nationals	PHRF Nationals	PHRF Nationals
19-May	RBYC	Submarine*	Elvstrom Bowl*	Cook*	D Crampton*
26-May					
02-Jun	RBYC	HL Stone*	150th Calabash*	Fairhaven*	LIS*
09-Jun	CC	reserve	reserve	reserve	reserve
16-Jun	RHADC	Summer	Summer	Summer	Summer
23-Jun					
30-Jun	RBYC	Undine*	New 1*	special	E.R. Williams*
07-Jul	J105	St. G	St. G	St. G	St. G
14-Jul					
21-Jul	RBYC	Dudley T*	New 2*	special	John Bluck*
28-Jul					
04-Aug	Cup Match				
11-Aug					
18-Aug	RBYC	Kelly*	Bilge Boys	Bilge Boys	Bilge Boys
25-Aug					
01-Sep	Labour Day	Nationals			
08-Sep	RBYC	Duke of E*	Commodore Cup*	Berry Bowl*	KNS Tray*
15-Sep	CC	reserve	reserve	reserve	reserve
22-Sep	RBYC	Camden Trophy*	New 3*	Armada*	New 1*
29-Sep					
06-Oct	Gold Cup				
13-Oct	RHADC	RHADC	Fall	Fall	Fall
20-Oct					
27-Oct	RBYC	Invitational	100th Calabash*	Pearl*	IOD Worlds
03-Nov				Nationals	
10-Nov	RBYC	Last Blast*	Last Blast*	Last Blast*	Last Blast*
17-Nov	CC	reserve	reserve	reserve	reserve
24-Nov			Nationals		Nationals

* - RBYC regatta that **counts** for RBYC Overall



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Appendix 3 – Schedule (Handicap)

Sat	Event	Host	Sun	Event	Host	Wed	Event	Host
21-Jan			22-Jan	BOCA	RBYC			
28-Jan			29-Jan			25-Jan		
04-Feb			05-Feb			01-Feb		
11-Feb			12-Feb	BOCA	RHADC	08-Feb		
18-Feb			19-Feb			15-Feb		
25-Feb			26-Feb	BOCA	RHADC	22-Feb		
03-Mar			26-Feb	BOCA	RHADC	29-Feb		
10-Mar			04-Mar			07-Mar		
17-Mar			11-Mar	BOCA	RHADC	14-Mar		
24-Mar			18-Mar			21-Mar		
31-Mar			25-Mar	BOCA	RHADC	28-Mar		
07-Apr			01-Apr	BOCA	tbd	04-Apr	BYRA	RHADC
14-Apr			08-Apr			11-Apr	BYRA	RHADC
21-Apr			15-Apr	BOCA	RHADC	18-Apr	BYRA	RHADC
28-Apr			22-Apr			25-Apr		
05-May			29-Apr	BOCA	RHADC	02-May	BYRA	RHADC
12-May	BYRA	TBD	06-May			09-May	BYRA	RHADC
19-May			13-May			16-May	BYRA	RHADC
26-May			20-May			23-May	BYRA	RHADC
02-Jun			27-May	BOCA	RHADC	30-May	BYRA	RHADC
09-Jun			03-Jun			06-Jun	BYRA	RHADC
16-Jun			10-Jun	BOCA	RHADC	13-Jun	BYRA	RHADC
23-Jun			17-Jun			20-Jun	BYRA	RHADC
30-Jun			24-Jun	BOCA	RHADC	27-Jun	BYRA	RHADC
07-Jul			01-Jul			04-Jul	BYRA	RHADC
14-Jul	BOCA	RBYC	08-Jul			11-Jul	BYRA	RHADC
21-Jul			15-Jul	BOCA	SGDC	18-Jul	BYRA	RHADC
28-Jul	BOCA	RBYC	22-Jul			25-Jul	BYRA	RHADC
04-Aug			29-Jul	BOCA	SGDC	01-Aug		
11-Aug			05-Aug			08-Aug	BYRA	RHADC
18-Aug			12-Aug	BOCA	tbd	15-Aug	BYRA	RHADC
25-Aug			19-Aug	BOCA	RHADC	22-Aug	BYRA	RHADC
01-Sep			26-Aug			29-Aug	BYRA	RHADC
08-Sep			02-Sep	BOCA	RHADC	05-Sep		
15-Sep			09-Sep			12-Sep		
22-Sep			16-Sep	RBYC	RBYC	19-Sep		
29-Sep			23-Sep	BOCA	RHADC	26-Sep		
06-Oct			30-Sep	RHADC	RHADC	03-Oct		
13-Oct			07-Oct			10-Oct		
20-Oct			14-Oct	RBYC	RBYC	17-Oct		
27-Oct			21-Oct	BOCA	RBYC	24-Oct		
03-Nov			28-Oct			31-Oct		
10-Nov			04-Nov	BOCA	RBYC	07-Nov		
17-Nov			11-Nov			14-Nov		
24-Nov			18-Nov	BOCA	PW's	21-Nov		
01-Dec			25-Nov			28-Nov		
08-Dec			02-Dec	BOCA	tbd	05-Dec		
OD			09-Dec	BOCA	RBYC	12-Dec		

* - BOCA regatta that **counts** for BOCA Overall

- Pursuit Race