

Adult Sailing Lessons at RBYC - FAQ'S

- **What do I need to bring with me?** You will need to bring clothing you are happy getting wet in and suitable boat shoes (not flips flops). You may want some sailing gloves but these are not essential. Assume you will be getting wet each session so bring a towel and a change of clothes. Make sure you are hydrated and have water to drink and wear sunblock and a hat.
- **Are there any exams?** No, it's a practical based class, you will receive a certificate and there will be some classroom time, it's all about having fun and developing your sailing skills.
- **I'm worried I will fall behind?** Don't worry, it's not a competition, you may learn at your own pace and comfort level.
- **What if I cannot make a lesson?** Missing the odd lesson is not a major problem but try and make as many of the lessons as possible. If you cannot make it or you are going to be late please phone your instructor (Tom Herbert-Evans on 705-7692) so we are not waiting for you. Please note that course fees are non-refundable in the event that lessons are missed.
- **What boats will we be sailing?** We will be sailing a two person boat called a 420. It's ideal for learning and the principles are scalable should you wish to sail larger boats in the future. All pupils will swap between crewing and helming. We will also be offering a course in a larger keelboat called a J/24.
- **Who is our instructor?** You will be taught by RBYC Sailing Director Tom Herbert-Evans, Tom is a senior instructor in sailing/boating and has a wealth of teaching experience.
- **Will I have to wear a Life Jacket?** Yes, all sailors must wear a jacket at all times. These will be provided for you at the Club.
- **I'm not very physically fit?** Not to worry, as long as come along with a spirit of adventure you will be fine. You may find some muscles you never knew you had.
- **Where will we sail?** To start off with we will be mainly sailing opposite the club and away from the main traffic. As we progress we will be going further afield for a bit of cruising.

The Yacht Club waterfront is a busy and enjoyable place to be in the summer months. It will also be a valuable learning experience for many people and we hope you will enjoy learning to sail. We hope this has answered most of your questions and looking forward to meeting you all on the water. If you have any other questions or concerns please contact the Sailing Secretary at 294-6716 or sailingoffice@rbyc.bm.

As all applications will be considered on a first come, first served basis, please get your application in early. Please complete the application and medical form and return it to the Sailing Secretary's Office at RBYC with payment as soon as possible.